

# *Tour de* **BIG BEAR**

## 25 and 50 Mile Gravel Routes Menu

### **GRAVEL #1**

*Staffed by: Big Bear Softball*

Miles from Start: 10.5

Miles to Next Aid Station: 11

Unique Offering: **Donuts**

Additional Items: Bananas, Grapes, Boiled Potatoes, Chargel Energy Gel, Vital4U

### **GRAVEL #2**

*Staffed by: One Hand / One Glove*

Miles to Next Aid Station: 10.5

Unique Offering: **Sandwich & Soda Bar**

Additional Items: Oranges, Strawberries, PB&J Sandwich, Pretzels, Chargel Energy Gel, Pickle Juice, Vital4U

### **NORTH SHORE**

*Staffed by: NSES Boosters*

Miles to Next Aid Station: 10.5

Unique Offering: **Bacon**

Additional Items: Bananas, Oranges, Gapes, PB&J Sandwich, Pretzels, Cookies, Muffins, Boiled Potatoes, Chargel Energy Gel, Pickle Juice, Vital4U

### **GRAVEL #3**

*Staffed by: Snow Summit Race Team*

Miles to Next Aid Station: 7

Unique Offering: **Hot Dogs**

Additional Items: Watermelon, Pineapple, Celery w/PB, Moon Pies, Coke, Ginger Ale, Chargel Energy Gel, Vital4U

### **FINISH LINE**

*Staffed by: US Bank, USARC, Big Bear Antique Car Club*

Unique Offering: **Chocolate Milk, Popsicle**

Additional Items: Fresh Fruit Variety, Trail Mix, Chocolate Covered Berries, Candy